

# LUTEIN COMPLEX



- Take care of your tired eyes and blurry eyesight.
- Help to see clearly in darkness.
- Lutein and zeaxanthin are promising nutrients in the fight against cataracts.
- Lutein (natural carotenoid) has antioxidant properties and is found in the macula of healthy eyes
- Research shows that higher plasma levels of lutein and zeaxanthin may be associated with macular health.
- Protect the eye from harmful ultraviolet light, Blue light and light from computer screens

Rating: Not Rated Yet

Price

450.00 ?

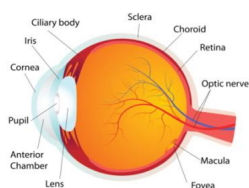
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Description

**Lutein is one of the predominant pigments concentrated in the macula, a specialized area of the eye that is responsible for central vision.**

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## LUTEIN COMPLEX



Eyes are very important to us, so we have to be careful to look after. Your eyes get sore if you watch a computer or TV screen for too long but most of us doesn't know that. It's because of our lifestyle now.

### LUTEIN COMPLEX

Lutein is called a carotenoid vitamin. It is related to beta-carotene and vitamin A. Foods rich in lutein include broccoli, spinach, kale, corn, orange pepper, kiwi fruit, grapes, orange juice, zucchini, and squash. Lutein is absorbed best when it is taken with a high-fat meal.

Many people think of lutein as "the eye vitamin." They use it to prevent eye diseases including age-related macular degeneration (AMD), cataracts, and retinitis pigmentosa.

Lutein and zeaxanthin, found together in many vegetables, are potent antioxidants. In humans, they occur in high concentrations in the eye, including the lens, retina, and macula. For that reason, lutein and zeaxanthin are thought to be crucial to healthy vision.

Eye-related benefits: Lutein and zeaxanthin protect the eyes from harmful high-energy light waves, such as some ultraviolet rays in sunlight. Studies suggest that high levels of lutein and zeaxanthin in eye tissue are associated with better vision, especially in dim light or where glare is a problem.

IMAGETREE LUTEIN COMPLEX give Lutein 8 mg and Zeaxanthin 1.6 mg

### Another ingredients



**Carrot**



Carrots are high in vitamin A, a nutrient essential for healthy eyesight, skin, growth, and resisting infection

#### **Bilberry**



Bilberry is used for improving eyesight, including night vision. In fact, during World War II, British pilots in the Royal Air Force ate bilberry jam to improve their night vision, but later research showed it probably didn't help. Bilberry is also used for treating eye conditions such as cataracts and disorders of the retina. There is some evidence that bilberry may help retinal disorders.

#### **Grape Seed Extract**



Grape seed extracts are industrial derivatives from whole grape seeds that have a great concentration of vitamin E, flavonoids, linoleic acid and phenolic procyanidins.

#### **Another ingredients**

##### **Calcium Ascorbate**

is a natural form of Vitamin C, which is much more readily absorbed in the blood stream than the other forms of calcium. Importantly, calcium is coupled with Vitamin C to deliver the benefits of both calcium & Vitamin C.

While Vitamin C is the most commonly known vitamin, its health promoting benefits go beyond its ready availability. It is effective against common colds and it is one of the best-known free radical scavengers.

##### **Zinc Amino Acid Chelate**

boosts immune system

#### **Reviews**

There are yet no reviews for this product.